

January 2007

NAME: _____

DATE: _____

COH Group Leader: _____

Generation Color: _____

FILL IN BLANK:

1. Fasting breaks the power of _____. (Pg 8)
2. _____ sins are some of the most difficult sins to get victory over. (Pg 10)
3. Fasting helps breaks the power of sexual addictions like pornography, homosexuality, masturbation, fornication, adultery and _____. (Pg 10)
4. The number three has to do with the _____. (Pg 14)
5. Fasting brings you closer to _____. (Pg 23)
6. Fasting must not be confused with _____. (Pg 23)
7. Through fasting and prayer the Spirit of Christ empowers us to say _____ to the devil's ways. (Pg 49)
8. Satan has been _____ through the power of the cross. (Pg 49)
9. Jesus is the person who said, "The Spirit is willing, but the _____ is weak. (Pg 47)
10. When you have fasted, _____ glory will rest upon you. (Pg 71)
11. "And the Lord shall guide thee continually." After fasting comes _____. (Pg 72)
12. Speak words of _____ to your problems! (Pg 79)
13. The people of Judah united together to seek _____ from their enemy by looking to their God. (Pg 89)
14. The _____ will convict us of sin in our lives. (Pg 90)
15. _____ should be coupled with fasting. (Pg 90)

TRUE/FALSE

16. T F Jesus expects every person to fast. (Pg 7)
17. T F One man's fast is very powerful. But two men's fast means multiplied strength and releases multiplied angels of God. (Pg 6)
18. T F Headaches, bad breath, and run down feelings are not signs that the fast is working. (Pg 17)
19. T F Fasting will impair your health. (Pg 17)
20. T F The fasting process is a constant prayer unto God. (Pg 19)
21. T F The victory often comes after the fast is over. (Pg 20)

- 22. T F Fasting will touch things that prayer alone cannot break. (Pg 89)
- 23. T F A great time to start a 21 day fast is at the beginning of the year. (Pg 5)
- 24. T F One of the first things that fasting does in a person's life is to break poverty and debt. (Pg 63)
- 25. T F We are in a spiritual battle between the forces of heaven and hell. (Pg 90)
- 26. T F Prayer coupled with times of fasting will bring new strength to you and tear down the strongholds in your life; strongholds which have been set up to keep you from the blessings of God. (Pg 91)
- 27. T F Through fasting, you can take ***SPIRITUAL AUTHORITY!*** (Pg 92)
- 28. T F The shorter you fast, the greater the answers will be to your prayers. (Pg 71)

MATCHING

- | | |
|---------------------------|---|
| 29. _____ Jesus | A. Went forty days without food. (Pg 49) |
| 30. _____ Proverbs | B. The chapter in the Bible that tells about fasting, just as I Corinthians 13 talks about love (Pg9) |
| 31. _____ Joshua 1:8 | C. Author and Publisher of Book: "The 21 Day Fast |
| 32. _____ Hippocrates | D. A Biblical commandment that gets results. (Pg 27) |
| 33. _____ Joel 2:15 | E. The number of perfection. (Pg 14) |
| 34. _____ Dr. Bob Rodgers | F. Father of Modern medicine (Pg 17) |
| 35. _____ Isaiah 58 | G. Has been defeated through the power of the cross. (Pg 49) |
| 36. _____ Fasting | H. Declares that, "A three fold cord is not easily broken..." (pg14) |
| 37. _____ Seven | I. "This book of the law shall not depart out of thy mouth; but thou shalt meditate therein day and night that thou mayest observe to do according to all that is written therein: for then thou shalt make thy way prosperous, and then thou shalt have good success." (Pg 41) |
| 38. _____ Satan | J. "Blow the trumpet in Zion, sanctify a fast, call a solemn assembly." (Pg 9) |

LISTING

List six life-changing lessons the author has learned through fasting: (Pg 8-12)

- 39. _____
- 40. _____
- 41. _____
- 42. _____
- 43. _____
- 44. _____

The discipline of Jesus can be summarized in two commandments: (Pg 79)

45. _____

46. _____

MULTIPLE CHOICE (Circle the correct answer)

47. One can chase a thousand, two can put _____ to flight. (Pg 6)

- a. 10
- b. 1,000
- c. 10,000
- d. none of the above

48. Jesus instructed 500 people to go to the upper room to tarry for the Holy Spirit's coming. Only _____ obeyed. (Pg 43)

- a. 12
- b. 120
- c. 250
- d. none of the above

49. At the end of three days a breakthrough takes place. The next breakthrough is day seven. The next breakthrough is at 14 days, 30 days, and finally _____. (Pg 14)

- a. 35 days
- b. 40 days
- c. 50 days
- d. none of the above

50. Dr. Bob Rodgers is a graduate of:

- a. Oral Roberts University in Tulsa, Oklahoma
- b. Asbury Theological Seminary in Wilmore, Kentucky
- c. both a & b
- d. none of the above

***Did you read the book? _____ Yes _____ No**

***If you answered no, are you reading the book now and do you intend to completely read the book in its entirety? _____ Yes _____ No**